



Kensington Presbyterian Church  
*Growing in faith and sharing God's love*  
 since 1786

*Take comfort - this is God*

*December 10, 2023*

**WELCOME**, to worship. We are offering a variety of ways for people to gather. We are welcoming people to worship in person (with singing), as well as through Zoom, YouTube, and this printable PDF.<sup>1</sup> If this is how you are worshipping, know that you are not alone... and if you like, you can invite those who live with you to join you, or connect with others through the phone or outside.

If you have any prayer requests, ideas, or just want to talk, please reach out to your elder or Rev. Peter (Peter@Kensingtonchurch.ca).



Lost Sheep - NC Wyeth

<sup>1</sup> note: that the footnotes are not as thorough as an academic paper.

## *Announcements*

Clicking on or tapping blue text will take you to a web-site

**Advent & Christmas:** See all the opportunities on the last page  
 Children's Theatre Community Dinner - Dec 16<sup>th</sup>

This is aimed at providing those on a low income with a special seasonal activity. If you would like to help out, or attend, please contact Sandra 514-268-0963.

**Family Food & Film Fiestas:** Fridays at 6:30 for pizza

**Muppet's Christmas Carol.** This is a good opportunity to invite someone. Please let Peter know so we have enough food.

**Zoom Prayer Group:** Thursday at 6:30 a.m.

[us04web.zoom.us/j/773730107?](https://us04web.zoom.us/j/773730107?pwd=eUo2M09YMEw5dkZvdm9uQmpHNIUrUT09)

[pwd=eUo2M09YMEw5dkZvdm9uQmpHNIUrUT09](https://us04web.zoom.us/j/773730107?pwd=eUo2M09YMEw5dkZvdm9uQmpHNIUrUT09)

**Jesus & Java:** Join us as we share the joys and questions of faith.

Thursday, 3:30 pm at Beetz, 5914 Sherbrooke @ Clifton

**Drop Box:** Food donations are welcome for the local Food Pantry, diapers for young mothers through Head & Hands, and cloths & accessories for the New Hope Boutique.

**'Seniors' & Students:** Monday Dec. 11<sup>th</sup> 1 - 2 pm @ the church

If you're over 55 you can help Concordia students and have some fun playing **Volleyball** for all abilities (with a beach ball).

## *Contacts*

Church Office: 514-486-4559.....info@Kensingtonchurch.ca

Rev. Peter Rombeek (pastor).....Peter@Kensingtonchurch.ca

514-773-4620

Zoé Dupont-Foisy (music director). zoedupontfoisy@hotmail.com



## Approaching God

 Call to worship

The prophets call and an apostle writes that peace comes from God.

**“For a child has been born for us...and he is named Wonderful Counsellor, Mighty God, Everlasting Father, Prince of Peace. ...and there shall be endless peace.”**

(Isaiah 9)

**“The peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.”**

(Philippians 4)

The world, our relationships and our lives are all too often torn by conflict and injustice. Advent calls us to pray and work for peace—shalom—in the world God loves and to which Christ came. But God’s shalom is not simply the absence of conflict.

**Shalom is the peace that comes when we live life in the balance, loving God and one another.**

Holy are you, Source of all new life among us.

**Jesus Christ comes as the Prince of Peace.**

We join with all creation and lift our hearts in joyful praise.

 **We light this candle to shine for peace.**  
**(while lighting the candle of peace)**

 Hymn: Hope is a star - verse 2.....pg 8 (119)  
[youtu.be/OwrfmAHWuy4?t=56](https://youtu.be/OwrfmAHWuy4?t=56)

 Prayer of Approach

Dear God,

As we approach Christmas, we remember the reasons that led to your coming. We remember that sometimes people were keen to live in healthy relationship with you, and sometimes the

looked to themselves. We remember how you sent prophets to warn them, and they were ignored. We remember how you came anyways, keen to show us that we can live in healthy relationships - and what that means.

Sometimes we are blessed and have amazing relationships with others, and with you. We are blessed. Sometimes we turn away like the people of Judea, and there are painful consequences. Please forgive us for the wrongs we do. Show us your steadfast love, O Lord, and grant us your salvation. . .

Jesus, we dream of your glory living so that everyone can see it.

That steadfast love and faithfulness will meet,  
and righteousness and peace will kiss each other.

As we wait, help us to live out the prayer you teach us:

 The Lord’s Prayer (please use a version you are comfortable with)  
**Our Father in heaven,**  
**hallowed be your name,**  
**your kingdom come,**  
**your will be done, on earth as it is in heaven.**  
**Give us today our daily bread.**  
**Forgive us our sins**  
**as we forgive those who sin against us.**  
**Save us from the time of trial**  
**and deliver us from evil.**  
**For the kingdom, the power,**  
**and the glory are yours**  
**Amen.**



Comfort - Charlotte Smith

✦ Assurance of Pardon

Hear the good news from Psalm 85  
Salvation is at hand for those who fear God,  
Steadfast love and faithfulness will meet;  
righteousness and peace will kiss each other.  
Faithfulness will spring up from the ground,  
and righteousness will look down from the sky.  
Amen.

♪ Hymn: Prepare the way of the Lord.....pg 9 (112)  
[www.youtube.com/watch?v=GpZ\\_FowUKUQ](http://www.youtube.com/watch?v=GpZ_FowUKUQ)



*Listening to God*

✦ Children's Time

One of the passages we're going to use in church today talks about shepherds. What do we know about shepherds? What did they do?

- look after sheep
- help them find food & water.
- protect them from animals and nature (fast flowing water)  
Rescue when needed
- they weren't very popular

The Bible compares Jesus, and God, being like a shepherd. God looks after us. God helps us find good things to keep us healthy, walks with us through dark/hard places, and comes to our rescue when we need it.

The reason we have shepherds in the scene at the stable, is because God also includes and cares about people who aren't very popular.

prayer

*Dear Jesus, thank you for always being with us.*

*Help us to know how you want us to live, and to stay with you.*

Amen.

♪ Hymn: My soul gives glory to my God.....pg 9 (123)  
[www.youtube.com/watch?v=9GKeJcjFtKw](http://www.youtube.com/watch?v=9GKeJcjFtKw)

🧘 Prayer for Illumination

Lord, open our hearts and minds  
through the power of your Holy Spirit,  
that we may know you better.

Amen.

✦ Intro to the readings

Today's chapter from Isaiah doesn't come right after the previous one. Chapter 39 is before the armies show up and the king is being warned that people need to turn back to God before they are punished - to change their ways before the consequences arrive. This is a whole new chapter. They've experienced defeat

with many marched into exile. Those left behind surrounded by collapsed buildings and lives. Punishment for both - or as the passage says, a double punishment. What message does God send into this?

We'll have a short passage from 2 Peter. Almost all scholars believe this was one of the latest pieces written - possibly even as much as 90 years after Jesus' death. The main focus is addressing the question of why Jesus hasn't come back yet. Have you asked this?

Today's psalm includes a churchy word that doesn't sound like one - which can lead to misunderstanding. *Fear*. We think of fear as afraid - but in the Bible this is only part of it. When the Bible talks about '*fear of the Lord*' it means to have a healthy respect for someone who can level mountains... but there's also the knowledge of God's steadfast love.

The psalm isn't about fear, but about hope. This week the advent calendar we received from my sister reminded us that hope is only about something that you don't have. Listen for this balance as we share the psalm together.

 Reading: Please look up the passages in your own Bible,<sup>2</sup> or click on the name to be taken to an online version.

[Isaiah 40](#): 1-11

[2 Peter 3](#): 8-10

[Psalm 85](#)

 Sermon: Take comfort - this is God

*Dear Lord, please bless these words  
and the meditations of our hearts. Amen.*

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<sup>2</sup> If you'd like a new Bible with helpful notes, I recommend the 'Life with God Bible' NRSV from Renovaré. ISBN 0061834963  
or for the more academically inclined, The New Oxford Study Bible NRSV

At 'Jesus and Java' we've been sharing experiences with God and asking questions - which is normal. Lately someone has discovered a book about the Bible. This has added discussions about how the Bible was put together and what this means in interpreting it.

At a basic level, Isaiah is a book of prophecy. It's the first book in the prophet's section because it's the longest. The message is delivered over quite a long period - which is one of the reasons why scholars think of it as coming from a prophetic school of Isaiah rather than one person. The collection includes sections warning people to change their ways so they have a healthy relationship with God and each other - and the dire consequences if they don't. It also includes sections after those consequences have destroyed their lives as they knew them. These words were intended for those living in Judea and Jerusalem back then. They weren't written for the future, or for us. That said, God still speaks to us through these passages.

As I said, this passage was written for those living in dark times. They remember military defeat. They remember being forced to live in a different country, or left in the ruins of their own. They remember it, but not as something recent. This has been who they are for at least a generation. We have passages that talk about how they "lay down and wept" and wondered if they could sing the Lord's song.<sup>3</sup> Today's psalm remembers that God had been favourable, and asks how long they will need to suffer. Into this comes the world of the Lord though Isaiah.

God sends a message. It starts with '*Comfort, comfort my people.*' When your life has been changed, when you are overwhelmed, God asks his prophets to "*speak tenderly to Jerusalem.*" With these words, God does two things. God sends hope... and God reveals

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<sup>3</sup> [Psalm 137](#)



Tent City Nativity - Kelly Latimore  
the divine. Through these words, we learn about God.

To start in the middle of today's passage, God asks the prophet to "cry out." The prophet ask what to say... but more than that, what to say that would do any good. Depending on where you add the quotation marks, the next bit is either asked by the prophet or stated by God. I don't think it matters which. They point out that people are like grass or flowers, they grow fine for a while, but when there's any hardship they wither and fade. Over and over throughout the Bible we can see people trying to live well, and then failing. We can see it in our leaders. If you take the time for some honest reflection, you'll see it in your own life.

This time of year is a good example. Nursing homes get visits

from groups offering to sing carols at this time of year.... and a lot less the rest of the year. Groups that serve meals to the homeless receive lots of calls offering help at this time of year... and a lot less the rest of the year. The same goes for charity donations. It's great that people reach out to help and comfort each other at this time of year... but imagine if it didn't fade, but lasted forever.

Which is part of the revelation about God, and us. While we fade, "*the word of our God will stand forever.*" God doesn't wither. God doesn't fade. God will stand with us forever.

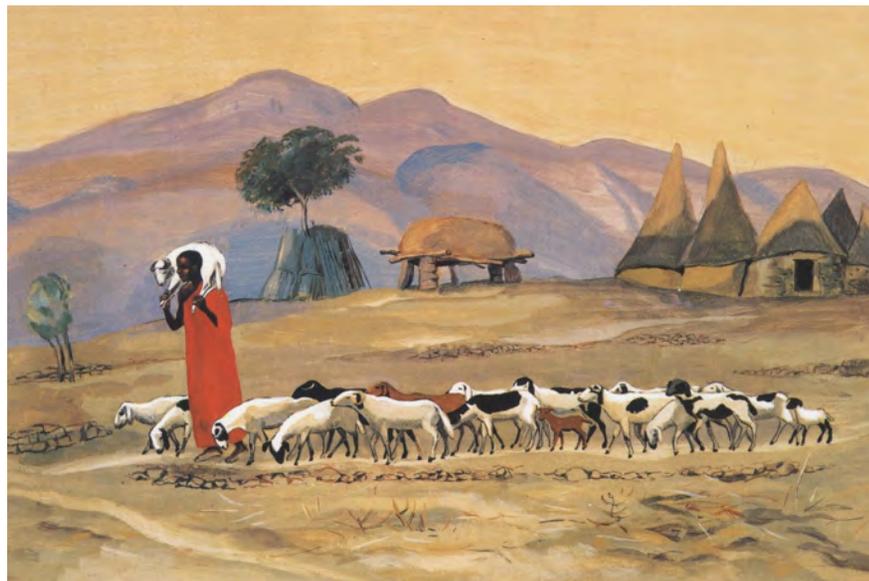
Our passage reminds us that God comes in might and strength. God is powerful. God can create mountains and valleys - and level them. This is the God who created the universe! This is why there are many passages, like in our psalm, about fearing the Lord. Fire is a powerful tool for cooking food, shaping glass, and purifying metal. Fire is pretty, but if you're not careful you'll burn your house down. God is much more powerful, creative, and beautiful than fire. This passage reminds the original listeners, who remember the power of armies, that God can flatten armies at will. God is powerful.

The passage then talks about God as a shepherd who gathers the lamb to her bosom. This is a tender and personal action - gently cradling someone. Carrying them when they need the connection and support. Feeding them with what they need. Recognizing the leaders (the mothers) and gently leading them so they can lead the next generation.

We don't always have good relationships with our mothers, but there was a time when they could fix anything. While we can't remember being a baby, keep an eye out for a baby being comforted by their mother. Discreetly notice the miracle of

breast-feeding. This image of God as a shepherd cradling the lamb is almost the opposite of God as mighty - except they both involve God being able to make the world right.

For those living in depressing times, this passage reminds us that God is mighty and tender, strong and loving. That said, there's the question of "when will the troubles end?" The people assembling the lectionary give us the passage from 2 Peter. 'For God, a thousand of our days are like one day... and the opposite. God can do in one day what would take us a thousand years.' God doesn't experience time like we do. God isn't limited by time. When will everything be made right - God knows. It's a phrase used to mean that nobody knows. While it's true that no person knows, it's also true that God does know. God is leading, like a shepherd, towards this day.



Good Shepherd - Jesus Mafa

and it's true that we can as well. After the start of the Isaiah passage, in which the prophet is told to be tender and bring

comfort, there is the challenge to remove the obstacles so that "*The glory of the Lord shall be revealed*".

Have you spent time in mountains? I remember visiting a friend in the Okanagan Valley. There was no sunset. The sun just disappeared - and apparently that's what happens. There are no glorious sunsets because the mountains block the view. This week I heard about a sunset on a mountain top, and that it is glorious... for those that can make it there, and safely back. This passage talks about levelling the mountain and valleys so that everyone can see the glory of the Lord.

Since it's not meant literally, what gets in the way for ourselves and others? How can we remove the obstacles that get in people's way from seeing God. Is it that our worship service doesn't make sense to new people? Is it that we use language in weird ways, like '*fear of the Lord*'? Is it that Christians spend a lot of time disagreeing with each other? Is it that Christians are seen as not connected to the 'real world'? Is it the pain that Christians have caused? Is it that we simply don't talk to people about God?

Perhaps these questions are all too self-centred. Maybe we should focus on why people are stuck in the valleys. How can we help them climb out?

Either way, what are the obstacles that prevent people from seeing the glory of God? How can we level them?

But even more important than that is God. After all, there are days when we are like faded flowers, but God's love is stronger than the mountains. Let us remember that God is faithful and forever; powerful & tender. May we bask in this hope, and share it with everyone we meet.

*To God be all the glory  
Amen.*



## Responding to God

♪ Hymn: He leadeth me.....pg 10 (650)  
[www.youtube.com/watch?app=desktop&v=bUk0G8yLD0k](http://www.youtube.com/watch?app=desktop&v=bUk0G8yLD0k)

💬 FaithTalk: These are some questions for you to discuss with somebody... or many somebodies.  
Do what you feel safe (and practice stretching a little).

Memories: Share a memory of when you felt relaxed to the depth of your soul.

Memories: When you are overwhelmed, how can you be comforted?

Etching: Do you relate more to 'mighty God' or 'tender God'? How does the other make you feel?

Actions: Identify a barrier to people (ideally a specific person) coming to know God. Brainstorm ways this

Actions: Spend time with psalm 85. Read small parts. Meditate on them. Pray them.

Prayer: ...that we will come to know God better.

## ✦ Spirit Sightings

For the first time since we started the movie nights we weren't able to watch the scheduled movie. We ended up watching a cartoon in which three aliens arrived on Earth to learn about Christmas - and that Jesus and helping others were what it is about. The we watch one of the Doctor Who Christmas specials. It was weird, funny, serious, and hopeful. It was set in World War 2 and included a mother receiving the telegram that her husbands plane had disappeared just before Christmas. This led to one of our participants opening up about tragedy and hope in their background.

The formation of communities where people can support each

other is the work of the Holy Spirit - and it's happening here.

## ✦ Offering

Financially, we have set up a donation option on our **website: [kensingtonchurch.ca](http://kensingtonchurch.ca)**. Just click the '**Donate Now**' button, and then the pretty button. It gives you various options that are easy to follow.

You can also donate through **interac e-transfer**. Our name is Kensington Presbyterian Church and the e-mail address is [info@kensingtonchurch.ca](mailto:info@kensingtonchurch.ca).

Mailing a cheque or signing up for Pre-Authorized Remittance (**PAR**) are also good options.

## 🧎 Prayers of the people

Comfort your people, Lord, comfort your people.  
We ask you to speak tender words that breed hope  
in those who are lost or overwhelmed...  
in those who don't have a home...  
in those who are lonely...  
in those who need healing. . .

We pray that those who need comfort, protection, or healing will feel your arms around them, carrying them safely through their troubles.

Lord, there are times when we look, but do not see you.

There are times when we question your timing.  
May your Holy Spirit nurture our faith,  
so that our hope in you will continue to grow.

We thank you for faithfulness to us;  
that your love is stronger than the mountains

# Hope is a star

MOON BEAMS Irregular

Unison

C Em F Em

1. Hope is a star that shines in the night,  
 2. Peace is a rib - bon that cir - cles the earth,  
 3. Joy is a song that wel - comes the dawn,  
 4. Love is a flame that burns in our heart.

F C Dm /E Fmaj7 Gsus G

lead - ing us on till the morn - ing is bright.  
 giv - ing a prom - ise of safe - ty and worth.  
 tell - ing the world that the Sav - iour is born.  
 Je - sus has come and will nev - er de - part.

Refrain Am /G F G (F/A G/B) C Am F

When God is a child there's joy in our song. The last shall be first

G (Am7 G7/B) C Am /G F Dm7 C

and the weak shall be strong, and none shall be a - fraid.

Words: Brian A. Wren (1936-) Music: Joan Collier Fogg (1949-)  
 Words: copyright © 1989 by Hope Publishing Co. Music: copyright © 1989 by Hope Publishing Co.

and deeper than the valleys.  
 We thank you that there is nowhere we can go  
 that you are not with us.

We pray that we as Kensington will see barriers that make it hard  
 for people to see your glory, and that your Spirit will give us  
 the wisdom to bring those barriers down so that your people  
 will be lifted up.

In Jesus name  
 Amen.

♪ Hymn: Comfort, comfort you my people.....pg 10 (113)  
[www.youtube.com/watch?v=L1IQkulw0Gs](http://www.youtube.com/watch?v=L1IQkulw0Gs)  
[www.youtube.com/watch?v=4Mw9AGvr\\_xk](http://www.youtube.com/watch?v=4Mw9AGvr_xk) (with mandolin)

✦ Benediction (Ephesians 3:20-21)  
*Now to him who by the power at work within us  
 is able to accomplish abundantly far more  
 than all we can ask or imagine,  
 to him be glory in the church and in Christ Jesus  
 to all generations, forever and ever.*  
 Amen.



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## Prepare the way of the Lord

PREPARE THE WAY 77 13

① E A E ② E A E

Pre-prepare the way of the Lord. Pre-prepare the way of the Lord,

③ E A E ④ E A E

and all peo-ple will see the sal - va - tion of our God.

Note: May be sung as a four-part round.

Words: Isaiah 40:3; 52:10 Music: Jacques Berthier (1923–1994), Taizé Community (France)

Words: public domain Music: copyright © Les Presses de Taizé (France), 1984. Used by permission of G.I.A. Publications Inc., exclusive agent. All rights reserved.



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## My soul gives glory to my God

MORNING SONG 8 6 8 6 CM

Cm Fm Eb 7 Ab Db Eb Fm/Ab Cm/G Fm

1. My soul gives glo - ry to my God. My  
2. My God has done great things for me; yes,  
3. From age to age to all who fear, such  
4. Love casts the might - y from their thrones, pro -  
5. Praise God, whose lov - ing cov - e - nant sup -

Db Eb/Db Ab/C Bbm 6 Ab Ab Db Eb Ab/C

heart pours out its praise. God lift - ed up my  
ho - ly is this name. All peo - ple will de -  
mer - cy love im - parts, dis - pens - ing jus - tice  
motes the in - se - cure, leaves hun - gry spir - its  
ports those in dis - tress, re - mem - ber - ing past

Bbm6 Ab Db/F Eb/Db Bbm7 Eb Fm

low - li - ness in man - y mar - vel - ous ways.  
clare me blessed, and bless - ings they shall claim.  
far and near, dis - miss - ing self - ish hearts.  
sat - is - fied; the rich seem sud - den - ly poor.  
prom - is - es with pres - ent faith - ful - ness.

Words: Miriam Therese Winter (1938–) Music: anonymous, 1811; in Wyeth's Repository of Sacred Music 1813; harmony, C. Winfred Douglas (1867–1944) CCLI #4440603

Words: paraphrase, copyright © Medical Mission Sisters, 1978, 1987 Music: public domain

## He leadeth me

HE LEADETH ME 8 8 8 LM with refrain

D G D D/A A

1. He lead-eth me: oh bless-ed thought! oh words with heav-en-ly com-fort fraught!  
 2. Some-times 'mid scenes of deep-est gloom, some-times where E-den's flow-ers bloom,  
 3. Lord, I would clasp thy hand in mine, nor ev-er mur-mur nor re-pine,  
 4. And when my task on earth is done, when by thy grace the vic-tory's won,

D G D Bm D/A A7 D

What-e'er I do, wher-e'er I be still 'tis God's hand that lead-eth me.  
 by wa-ters still, o'er troub-led sea, still 'tis God's hand that lead-eth me!  
 con-tent, what-ev-er lot I see, since 'tis my God that lead-eth me!  
 e'en death's cold wave I will not flee, since God through Jor-dan lead-eth me.

Refrain D /F# A /G D/F#G D G/D D Bm D/A A

He lead-eth me! He lead-eth me! By his own hand he lead-eth me!

D /F# A /G D/F#G D G/D D Bm D/A A7 D

A faith-ful fol-lower I would be, for 'tis God's hand that lead-eth me.

Words: Joseph Henry Gilmore (1834-1918) Music: William Batchelder Bradbury (1816-1868)

Words: public domain Music: public domain

## Comfort, comfort you my people

GENEVAN 42 87877788

F C F C Dm Am Bb F Dm C F Bb F C F

1. Com-fort, com-fort you my peo-ple; tell of peace, thus says our God;  
 2. For the her-ald's voice is call-ing in the des-ert far and near,  
 3. Make you straight what long was crook-ed; make the rough-er plac-es plain;

F C F C Dm Am Bb F Dm C F Bb F C F

com-fort those who sit in dark-ness bowed be-neath op-pres-sion's load.  
 bid-ding us to make re-pent-ance since the king-dom now is here.  
 let your hearts be true and hum-ble, as be-fits God's ho-ly reign,

F Bb F C F F Bb F Bb/D F C

Speak you to Je-ru-sa-lem of the peace that waits for them;  
 Oh that warn-ing cry o-bey! Now pre-pare for God a way;  
 for the glo-ry of the Lord now o'er earth is shed a-broad,

F Cm Gm Dm C F Bb F Dm Bb F C Dm C F

tell them that their sins I cov-er, and their war-fare now is o-ver.  
 let the val-leys rise in meet-ing and the hills bow down in greet-ing.  
 and all flesh shall see the to-ken that God's word is nev-er bro-ken.

Words: German, Johannes Olearius (1611-1684); translation, Catherine Winkworth (1827-1878)  
 Music: Genevan Psalter 1551 Words: public domain Music: public domain

In northern Ghana, people living with disabilities face a range of issues, such as widespread poverty, limited access to livelihood opportunities and health care, and social barriers to full inclusion. Political, environmental, and economic challenges work together to create those difficult conditions. PWS&D works with the Presbyterian Church of Ghana in a Community-Based Rehabilitation (CBR) program to address these challenges through vocational skills training programs such as soap and pomade making. Ateni Lois, a participant in the soap-making class, expresses her gratitude, stating, "We are so grateful to the CBR program and PWS&D for equipping us with the skills to be able to produce soap and pomade for money. Very soon, we will be in good business and will be out of poverty in our respective communities."



DAILY PRAYERS

**Sunday December 10 (Human Rights Day)** Give us peace in our relationships, homes, churches, communities and in our souls, O God, as we prepare to welcome Christ among us again.

**Monday, December 11** Let us take time during this consumer-driven Christmas season to think about and be thankful for what it means to have "enough".

**Tuesday, December 12** This Advent, we give thanks for PWS&D's global partners equipping marginalized communities as they discover hope, peace, joy and love.

**Wednesday, December 13** We pray for ministers and professional church workers who will be retiring from active service.

**Thursday, December 14** We give thanks for LGBTQI2+ community organizations that provide support, social connection, and advocacy for queer and trans people.

**Friday, December 15** We pray for the Rev. Stewart Folster and the people at Mistawasis Memorial Presbyterian Church on Mistawasis Nehiyawak First Nation.

**Saturday, December 16** Bless those who teach and those who learn in our theological colleges with humility, good humour and joy.

# Christmas at Kensington 2023

**Christmas Decorating** - Saturday, Dec. 2 from 6:30 p.m.

**Pot-luck Lunch** - Sunday, Dec. 3 at about 11:30  
(after the 10:30 worship)

**Movie Series** - Fridays   
pizza 6:30, movie at 7 (RRSP appreciated)

Dec 1: Rise of the Guardians

Dec 8: Elf

Dec 15: Muppets Christmas Carol

**Montreal Children's Theatre Community Dinner**

Sat., Dec. 16 Volunteer or reserve a spot at a table  
by calling Sandra 514-268-0963

**Christmas Pageant** - Sunday, Dec. 17 at 10:30

This will be an active and joyous time for all ages.

**Blue Christmas: a peaceful service**

Wednesday, Dec. 20 at 7:30 p.m.

Christmas is not always an easy time.

Please join us for this meditative service.

**Community Caroling** - Friday, Dec. 22

with the *Montreal Children's Theatre*

6:30 p.m. Outdoor Caroling or indoor crafts

7:00 p.m. Hot Chocolate & Snacks

7:30 p.m. Carols & choirs around the piano



**Christmas Eve** - Sunday, Dec. 24 at 7:00 p.m.

A time of lessons and carols, stories and music.

**Christmas Morning** - Monday, Dec. 25 at 9:30 a.m.

Pot-Luck breakfast and Carol Sing



KENSINGTON  
PRESBYTERIAN CHURCH

6225 avenue Godfrey  
Kensingtonchurch.ca

514-773-4620  
Peter@kensingtonchurch.ca

